RENDEZVOUS

Café & Bar



CAFÉ 9 pen Monday to Friday 8am - 4pm Saturday 8am - 2pm







BREAKFAST & BRUNCH **Served until 11am**

Full English - Large

£9.95

2 sausages, 2 bacon, plum tomato, portabello mushroom, beans, hash brown, 2 free-range eggs (fried, poached or scrambled), 2 slices of toast. Vegetarian/Vegan options

Full English - Small

Sausage, bacon, plum tomato, portabello mushroom, beans, hash brown, free-range egg (choose from fried, poached or scrambled), slice of toast. Vegetarian/Vegan

Smashed Avocado & Poached Eqq (v)

£6.50

Avocado on sourdough toast & free-range poached egg

Omelette (v)

(available all day)

£6.50

3 free-range egg omelette with your choice of 2 fillings: bacon, mushroom, spinach, cheese, ham, onion or tomato

Smoked Haddock &

£7.50

Poached Egg

Line caught smoked haddock & free-range poached egg

Breakfast Ciabatta (available all day) £5.50

Freshly baked ciabatta with a free-range egg, bacon & sausage

Belgian Waffles

£5.95

Two Belgian waffles served with your choice of streaky bacon & maple syrup or mixed berry compote

Watermelon, Feta & Spinach

£5.25

Salad, Pumpkin Seeds (v)

French Toast with Rum

£5.50

Caramelised Banana &

Maple Syrup (v)

Toasted brioche served with rum caramelised banana & maple syrup (alcohol free!)

Granola with Greek Yoghurt

£3.50

& Honey (v,ve)

LOCALLY SOURCED PRODUCE

We're proud to source our products locally where we can including Ampthill based Wooden Hill Coffee, Deacons Butchers & Cottage Bakery

LUNCH & LIGHT BITES

Ham, Egg & Chips

£8.50

Hand carved roast ham, 2 free-range fried eggs & chips

Fish & Chips

£10.25

Beer battered line caught fish served with Chef's homemade tartare sauce, chips & mushy or garden peas

Jacket Potato

£6.50

Baked jacket potato served with mixed leaf salad, coleslaw and your choice of filling: cheese (v), baked beans (v), tuna, homemade beef chilli or Quorn chilli (v) & sour cream

Chilli Nachos

£8.95

Homemade beef or Quorn chilli (v) served with tortilla chips, guacamole, salsa & sour cream

Buffalo Chicken Wings

£5.50

Chicken wings glazed with buffalo sauce served with blue cheese mayo & dressed mixed leaves

Feta Cheese Wrap (v)

£7.25

Feta cheese wrap filled with mixed leaves, sunblushed tomato & cucumber served with fries & house slaw

Hendo's Jerk Chicken Wrap

£7.25

Chargrilled chicken breast marinated with Deputy Chef Hendo's Jamaican spices, mixed leaves, fries & house slaw

Chicken Caesar Salad

£8.50

Roasted chicken breast, baby gem lettuce, crispy bacon, croutons, flaked parmesan & Chef's caesar dressing

Greek Salad (v,ve)

£8.00

Feta cheese, cucumber, sunblushed tomatoes, red onion, baby gem lettuce & olives

Salt & Pepper Calamari

£6.25

Calamari with mixed leaf salad & Chef's garlic mayo

Hummus Salad (v,ve)

£8.00

Chef's hummus, homemade falafel & salad with warm pitta bread & crispy chickpeas

Chef's Friday Special!

£7.50

Chef's homemade special - a great way to end the week. Check the specials board for details!

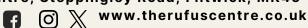
Rendezvous Café & Bar

The Rufus Centre, Steppingley Road, Flitwick, MK45 1AH









RENDEZVOUS

Café & Bar



CAFÉ Open Monday to Friday 8am - 4pm Saturday 8am - 2pm







SANDWICHES & CIABATTAS

Served with mixed leaf salad. Chef's coleslaw & crisps. Upgrade to Fries £3 or Sweet Potato Fries £3.50

BLT	£5.25
Tuna Mayo	£5.25
Cheese & Branston Pickle (v)	£5.25
Pulled Chicken Mayo	£5.25
Egg Mayo (v)	£5.25
Salt Beef, Horseradish & Watercress	£5.25
Hand Carved Ham & Dijon Mustard	£5.25
Fish Finger & Chef's Tartare Sauce	£6.50

PANINIS

Served with mixed leaf salad, Chef's coleslaw & crisps. Upgrade to Fries £3 or Sweet Potato Fries £3.50

Chicken & Pesto	£6.25
Tuna Melt	£6.25
Cheese & Ham	£6.25
Sunblushed Tomato, Basil & Mozzarella (v)	£6.25

FANCY SOMETHING SWEET?

Check out our counter for today's selection of homemade cakes, sweet treats and ice cream. Our delicious ice cream is from award-winning Riverside Dairy based in Carlton, North Bedfordshire.

ALLERGENS & DIETARY REQUIREMENTS

Please make your server aware of any dietary requirements when ordering. Gluten Free options. V=Vegetarian VE=Vegan option

CHILDREN'S MENU

OTHER CINETO	
Chicken Goujons	£5.25
Chicken goujons, chips & beans or peas	
Fish Goujons	£5.25
Fish goujons, chips & beans or peas	
Pitta Pizza (v)	£5.25
Pitta pizza & chips	
Mac & Cheese (v)	£5.25
Mac & Cheese with garlic bread	
Mini Sandwich	£4.00

Ham, cheese (v) or tuna sandwich (v), veg sticks & tortilla chips

HOT DRINKS	Pric	es from:
Americano		£2.30
Latte		£2.80
Cappuccino		£2.80
Mocha		£2.80
Espresso		£2.30
Chai Latte		£2.80
Flat White		£2.80
Hot Chocolate		£2.80
Luxury Hot Chocolate Topped with whipped cream & marshmellows		£4.10
Tea Selection:	Cup	£1.60
English Breakfast, Earl Grey	Pot	£2.10
Speciality Teas:		£2.10
Peppermint, Green Tea, Camom	ile,	

(Soya & speciality milks add 15p

Selection of coffee syrups add 50p)

COLD DRINKS

Cranberry & Raspberry

Selection of still and sparkling drinks and fruit juices available from our counter. Iced coffee freshly made to order.

WIDE SELECTION OF BEERS, **WINES & SPIRITS AVAILABLE:** PLEASE ASK FOR OUR BAR MENU